

THE HEALTHY MINDS STUDY (HMS): QUESTIONNAIRE MODULES AND SURVEY ENDINGS



MENU OF MODULES:

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Notes: ¹Standard modules are fielded at all participating institutions. The standard modules include a limited number of questions spanning the majority of the Elective module topics, in addition to providing rich data on students' demographics, mental health status, and mental health service utilization and help-seeking behaviors.

²Elective modules are chosen by participating institution from the options listed above. To ensure that the overall survey (standard modules + elective modules) remains reasonable in length, participating institutions typically choose 2 elective modules (2 half modules can be combined to account for 1 module). The number of items per module is determined by 2 factors: (1) skip logic embedded within the survey (i.e., some measures are assessed only for students with certain responses to survey items), and (2) which elective modules are selected by the participating institution. In terms of the order of modules presented to students, the 'Demographics' module is always first, followed by the 'Mental Health Status' module; the order of the remaining modules varies based on which elective modules are selected.

ABOUT THIS DOCUMENT:

Contents:

This document outlines all survey items included in HMS, beginning with the standard modules ('Demographics', 'Mental Health Status', and 'Mental Health Service Utilization/Help-Seeking') and then the elective modules. The final pages of the document include the survey endings (shown to student participants upon completing the survey).

Each module is presented within a table. Above each table is the module name (in all capital letters, bolded and underlined). Directly beneath the module name is the text shown to student participants at the beginning of that module. For example, students beginning the 'Demographics' module see the following text above the first question in that module: "Basic Information: *This section will ask you to provide basic information about yourself*". Information in the column 'Section' outlines organization within the module and is not visible to students within the survey.

Color Coding:

As noted above, some items are based on embedded skip logic within the survey (i.e., some measures are assessed only for students with certain responses to survey items). For example, only students who respond "No" to the question "Are you a United States citizen (or permanent resident)?" are asked the follow-up question "What is your country of citizenship (passport country)?" This follow-up question is shown in gray, indicating that the item is based on embedded skip logic.

HMS is a web-based survey. As such, there are numerous coding and programming decisions (*the vast majority of which are rather boring so we'll spare you*). A few are important: for example, many items allow student respondents to "Select all that apply". In some cases, one of the response options is 'mutually exclusive' meaning that a student respondent who selects that response option cannot select any of the other options (e.g., the response category "None" is mutually exclusive for the item "What activities do you currently participate in at your school?"). Programming notes are included in blue within the module tables.

Finally, certain items within the standard modules include a note in red (in the 'Citation/Notes' column) indicating that the item is included only if the elective module on that topic is not selected. In other words, a small number of items about important topics are included even if the elective module on that topic is not selected. This ensures that institutions have basic information about important topics that are not selected for in-depth assessment through elective modules. For example, if an institution does not select the 'Sleep' half module, a small number of items about sleep habits are included in the 'Mental Health Status' module. If an institution does select the 'Sleep' half module, the items about sleep are not included in the 'Mental Health Status' module (because sleep habits are being assessed separately in more detail through the 'Sleep' half module).

To review:

ITEM BASED ON EMBEDDED SKIP LOGIC

LOGISTIC/PROGRAMMING NOTES

ITEM INCLUDED IF ELECTIVE MODULE ON THAT TOPIC NOT SELECTED

STANDARD MODULES:**DEMOGRAPHICS**

Basic Information

This section will ask you to provide basic information about yourself. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Age	How old are you? (You must be 18 years or older to complete this survey.)	1=_____ years old	
Sex/gender/sexuality	What was your sex at birth?	1=Female 2=Male 3=Intersex	Based on guidance from the Trevor Project SDS90
	What is your gender identity?	1=Male 2=Female 3=Trans male/Trans man 4=Trans female/Trans woman 5=Genderqueer/Gender non-conforming 6=Self-identify (please specify)	Based on guidance from the Trevor Project SDS88 SDS89: Self-identify gender identity (free response)
	How would you describe your sexual orientation? (Select all that apply)	1=Heterosexual 2=Lesbian 3=Gay 4=Bisexual 5=Queer 6=Questioning 7=Self-identify (please specify)	SDS91, SDS92
	How would you characterize your current relationship status?	1=Single 2=In a relationship 3=Married, in a domestic partnership, or engaged 4=Divorced or separated 5=Widowed 6=Other (please specify)	
Race/ethnicity	What is your race/ethnicity? (Select all that apply)	1=African American / Black 2=American Indian or Alaskan Native 3=Asian American / Asian 4=Hispanic / Latino/a 5=Native Hawaiian or Pacific Islander 6=Middle Eastern, Arab, or Arab American 7=White 8=Self-identify (please specify)	SDS95, SDS29
Citizenship	Are you an international student?	1=Yes 0=No	Adapt for non-U.S. colleges and universities SDS32
	What is your country of origin?	1=Afghanistan 2=Albania 3=Angola 4=Antigua and Barbuda 5=Argentina 6=Armenia 7=Australia 8=Austria 9=Azerbaijan 10=Bahamas 11=Bahrain 12=Bangladesh	Instructions for this item: "(Use command or control key to select more than one country.)" Adapt for non-U.S. colleges and universities SDS31

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| | | <ul style="list-style-type: none">13=Barbados14=Belarus15=Belgium16=Belize17=Bolivia18=Bosnia and Herzegovina19=Brazil20=Brunei21=Bulgaria22=Burma23=Burundi24=Cambodia25=Cameroon26=Canada27=Central African Republic28=Chile29=China30=Colombia31=Congo, The Democratic Republic32=Costa Rica33=Cote d'Ivoire34=Croatia35=Cyprus36=Czech Republic37=Denmark38=Dominica39=Dominican Republic40=Ecuador41=Egypt42=El Salvador43=Estonia44=Ethiopia45=Finland46=France47=Gabon48=Gambia49=Gaza Strip50=Georgia51=Germany52=Ghana53=Greece54=Guatemala55=Guinea56=Guyana57=Haiti58=Honduras59=Hungary60=Iceland61=India62=Indonesia63=Iran64=Iraq65=Ireland66=Israel67=Italy | |
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		68=Jamaica 69=Japan 70=Jordan 71=Kazakhstan 72=Kenya 73=North Korea 74=South Korea 151=Kosovo 75=Kuwait 76=Kyrgyzstan 77=Laos 78=Latvia 79=Lebanon 80=Lithuania 81=Luxembourg 82=Macedonia 83=Madagascar 84=Malawi 85=Malaysia 86=Mali 87=Mauritania 88=Mauritius 89=Mexico 90=Moldova 91=Mongolia 92=Morocco 93=Mozambique 94=Namibia 95=Nepal 96=Netherlands 97=New Zealand 98=Nicaragua 99=Nigeria 100=Norway 101=Oman 102=Pakistan 103=Panama 104=Paraguay 105=Peru 106=Philippines 107=Poland 108=Portugal 109=Qatar 110=Romania 111=Russia 112=Saint Kitts and Nevis 113=Saint Lucia 114=Saudi Arabia 115=Senegal 116=Serbia 117=Sierra Leone 118=Singapore 119=Slovakia 120=Slovenia 121=South Africa	
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		122=Spain 123=Sri Lanka 124=St Vincent and the Grenadines 125=Sudan 126=Swaziland 127=Sweden 128=Switzerland 129=Syria 130=Taiwan 131=Tanzania 132=Thailand 133=Trinidad and Tobago 134=Tunisia 135=Turkey 136=Turkmenistan 137=Uganda 138=Ukraine 139=United Arab Emirates 140=United Kingdom 141=Uruguay 142=Uzbekistan 143=Venezuela 144=Vietnam 145=West Bank 146=Yemen 147=Yugoslavia 148=Zambia 149=Zimbabwe 150=Other	
Socioeconomic status	How would you describe your financial situation right now?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	SDS57 Included if 'Financial Stress' module not selected
	How would you describe your financial situation while growing up?	1=Always stressful 2=Often stressful 3=Sometimes stressful 4=Rarely stressful 5=Never stressful	SDS58 Included if 'Financial Stress' module not selected
Family characteristics	What is the current number of children or other dependents living in your household, for whom you are responsible?	1=None 2=1 3=2 4=3 5=4 or more	
Work responsibilities	What is the average number of hours you work per week during the school year (paid employment only)?	Free Response	SDS55
	What is the highest level of education completed by your parents or stepparents? Parent 1	This parent's relationship to you: 1=Mother or stepmother 2=Father or stepfather 3=Other This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree)	

		<p>3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know</p>	
	<p>What is the highest level of education completed by your parents or stepparents? Parent 2</p>	<p>This parent's relationship to you: 1=Mother or stepmother 2=Father or stepfather 3=Other</p> <p>This parent's education: 1=8th grade or lower 2=Between 9th and 12th grade (but no high school degree) 3=High school degree 4=Some college (but no college degree) 5=Associate's degree 6=Bachelor's degree 7=Graduate degree 8=Don't know</p>	
Religiosity	How important is religion in your life?	<p>1=Very Important 2=Important 3=Neutral 4=Unimportant 5=Very unimportant</p>	SDS36
	<p>What is your religious affiliation? (Select all that apply)</p>	<p>1=Agnostic 2=Atheist 3=Buddhist 4=Catholic 5=Christian 6=Hindu 7=Jewish 8=Muslim 9=No preference [mutually exclusive] 10=Self-identify (please specify)</p>	SDS97
Academic information	<p>In what degree program are you currently enrolled? (Select all that apply)</p>	<p>1=Associate's 2=Bachelor's 3=Master's 4=JD 5=MD 6=PhD (or equivalent doctoral program) 7=Other (please specify) 8=Non-degree student [mutually exclusive]</p>	SDS39
	<p>Did you transfer from another campus/institution to this school?</p>	<p>1=Yes, I transferred from a community or junior college. 2=Yes, I transferred from a 4-year college or university. 3=No</p>	SDS46
	<p>What year are you in your current degree program?</p>	<p>1=1st year 2=2nd year 3=3rd year 4=4th year 5=5th year 6=6th year</p>	<p>Display if "Non-degree student" not selected for "In what degree program are you currently enrolled?"</p>

		7=7th+ year	
	What is your enrollment status?	1=Full-time student 2=Part-time student 3=Other (please specify)	
	What is your field of study? (Select all that apply)	1=Humanities (history, languages, philosophy, etc.) 2=Natural sciences or mathematics 3=Social sciences (economics, psychology, etc.) 4=Architecture or urban planning 5=Art and design 6=Business 7=[if graduate, ask <input type="checkbox"/> Dentistry] 8=Education 9=Engineering 10=[if graduate, ask <input type="checkbox"/> Law] 11=[if graduate, ask <input type="checkbox"/> Medicine] 12=Music, theatre, or dance 13=Nursing 14=Pharmacy 15=[if undergraduate, ask <input type="checkbox"/> Pre-professional (pre-business, pre-health, pre-law)] 16=Public health 17=Public policy 18=[if graduate, ask <input type="checkbox"/> Social work] 19=[if undergraduate, ask <input type="checkbox"/> Undecided] [mutually exclusive] 20=Other (please specify)	
	What is your current overall GPA?	0=A+ 1=A 2=A- 3=B+ 4=B 5=B- 6=C+ 7=C 8=C- 9=D+ or below 10=No grade or don't know	SDS46
	In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	1=None 2=1-2 days 3=3-5 days 4=6 or more days	
	How much time do you spend during a typical week attending classes/lab?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week 7=More than 20 hours/week	
	How much time do you spend during a typical week studying/doing homework?	1=Less than 1 hour/week 2=1-2 hours/week 3=3-5 hours/week 4=6-10 hours/week 5=11-15 hours/week 6=16-20 hours/week	

		7=More than 20 hours/week	
	How much do you agree with the following statement?: I am confident that I will be able to finish my degree no matter what challenges I may face.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Persistence and Retention' module not selected
Housing	Where do you currently live?	1=On-campus housing, residence hall 2=On-campus housing, apartment 3=Fraternity or sorority house 4=On- or off-campus co-operative housing 5=Off-campus, non-university housing 6=With my parents (or relatives) 7=Other (please specify)	
Extracurricular activities	What activities do you currently participate in at your school? (Select all that apply)	1=Academic or pre-professional organization 2=Athletics (club) 3=Athletics (intercollegiate varsity) 4=Athletics (intramural) 5=Community service 6=Cultural or racial organization 7=Dance 8=Fraternity or sorority 9=Gender or sexuality organization 10=Government or politics (including student government) 11=Health and wellness organization 12=Media or publications 13=Music or drama 14=Religious organization 15=Social organization (that is not a fraternity or sorority) 16=Visual or fine arts 17=Other (please specify) 18=None [mutually exclusive]	
	What sport(s) do you participate in at your school?	1=Baseball 2=Basketball 3=Boxing 4=Cheering and/or dancing 5=Cross country 6=Cycling 7=Fencing 8=Field hockey 9=Football 10=Golf 11=Gymnastics 12=Ice hockey 13=Lacrosse 14=Rowing 15=Rugby 16=Sailing 17=Soccer 18=Softball 19=Swimming and/or diving 20=Tennis	Instructions for this item: "(Use command or control key to select more than 1 sport.)" [multi-select box]

		21=Track and field 22=Volleyball 23=Water polo 24=Wrestling 25=Other	
Overall school experience	How satisfied are you with your overall experience at your school?	1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied	
Sense of belonging	How much do you agree with the following statement?: I see myself as a part of the campus community.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Adapted from Perceived Cohesion Scale (Bollen & Hoyle, 1990)
Military experience	Have you ever served in the United States Armed Forces, military Reserves, or National Guard?	1=No, never served in the military 2=Yes, currently in Reserve Officers' Training Corps (ROTC) 3=Yes, currently in military Reserves or National Guard 4=Yes, now on active duty 5=Yes, on active duty during the past 12 months, but not now 6=Yes, on active duty in the past, but not during the past 12 months	
Disabilities	Are you registered, with the office for disability services on this campus, as having a documented and diagnosed disability?	1=Yes 0=No	SDS60
	If you selected, "Yes" for the previous question, please indicate which category of disability you are registered for: (Select all that apply)	1=Attention deficit/hyperactivity disorders 2=Deaf or hard of hearing 3=Learning disorders 4=Mobility Impairments 5=Neurological disorders 6=Physical/health related disorders 7=Psychological disorder/condition 8=Visual impairments 9=Other (please specify)	SDS61 SDS21 ("Other (please specify)" free response)
	How often have you used the disability-related accommodations recommended for you?	1=Not at all 2=Occasionally 3=Frequently	

MENTAL HEALTH STATUS

Mental and Emotional Health

The next set of questions will ask you about your overall well-being. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Positive mental health	I lead a purposeful and meaningful life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	My social relationships are supportive and rewarding.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am engaged and interested in my daily activities.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I actively contribute to the happiness and well-being of others.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am competent and capable in the activities that are important to me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am a good person and live a good life.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	I am optimistic about my future.	1=1=Strongly disagree	Flourishing Scale

		2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	(Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
	People respect me.	1=1=Strongly disagree 2=2=Disagree 3=3=Slightly disagree 4=4=Mixed or neither agree nor disagree 5=5=Slightly agree 6=6=Agree 7=7=Strongly agree	Flourishing Scale (Diener & Biswas-Diener, 2009) Instructions for this item: "Below are 8 statements with which you may agree or disagree. Using the 1-7 scale below, indicate your agreement with each item by indicating that response for each statement."
Depression	Over the last 2 weeks, how often have you been bothered by any of the following problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble falling or staying asleep, or sleeping too much	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling tired or having little energy	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Poor appetite or overeating	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Feeling bad about yourself—or that you are a failure or have let yourself or your family down	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading the newspaper or watching television	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	Over the last 2 weeks, how often have you been bothered by any of the following problems? Thoughts that you would be better off dead or of hurting yourself in some way	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Patient Health Questionnaire-9 (Kroenke et al., 2001)
	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult	Adapted from Patient Health Questionnaire-9 (Kroenke et al., 2001)

		4=Extremely difficult	
	During that period, how often were you bothered by these problems? Little interest or pleasure in doing things	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: "Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently."
	During that period, how often were you bothered by these problems? Feeling down, depressed or hopeless	1=Not at all 2=Several days 3=More than half the days 4=Nearly every day	Adapted from Patient Health Questionnaire-2 Instructions for this item: "Think about the 2-week period in the past year when you experienced the 2 problems below the most frequently."
Anxiety	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling nervous, anxious or on edge	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Not being able to stop or control worrying	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Worrying too much about different things	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Trouble relaxing	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Being so restless that it's hard to sit still	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Becoming easily annoyed or irritable	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	Over the last 2 weeks, how often have you been bothered by the following problems? Feeling afraid as if something awful might happen	1=Not at all 2=Several days 3=Over half the days 4=Nearly every day	GAD-7 (Spitzer et al., 2006)
	How difficult have these problems (noted above) made it for you to do your work, take care of things at home, or get along with other people?	1=Not difficult at all 2=Somewhat difficult 3=Very difficult 4=Extremely difficult	
Eating and body image	Do you need to be very thin in order to feel good about yourself?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected
	I think I am...	1=Very underweight 2=Somewhat underweight 3=Normal weight 4=Somewhat overweight 5=Very overweight	Included if 'Eating and Body Image' module not selected
	What is your current height? (If you don't know, please provide your best guess.)	1=_____feet [force numeric, <=7] 2=_____inches [force numeric, <=11]	Included if 'Eating and Body Image' module not selected
	What is your current weight? (If you don't know, please provide your best guess.)	1=_____pounds [force numeric]	Included if 'Eating and Body Image' module not selected

	Do you ever make yourself sick because you feel uncomfortably full?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	Do you worry that you have lost control over how much you eat?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	Have you recently lost more than 15 pounds in a 3-month period?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	Do you believe yourself to be fat when others say you are too thin?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
	Would you say that food dominates your life?	1=Yes 0=No	Included if 'Eating and Body Image' module not selected SCOFF questionnaire (Morgan, Reid, & Lacey, 1999) Instructions for this item: "Please answer the following questions as honestly as possible."
Non-suicidal self-injury	In the past year, have you ever done any of the following intentionally? (Select all that apply)	1=Cut myself 2=Burned myself 3=Punched or banged myself 4=Scratched myself 5=Pulled my hair 6=Bit myself 7=Interfered with wound healing 8=Carved words or symbols into skin 9=Rubbed sharp objects into skin 10=Punched or banged an object to hurt myself 11=Other (please specify) 12=No, none of these [mutually exclusive]	Instructions for this item: "This question asks about ways you may have hurt yourself on purpose, without intending to kill yourself."
	On average, how often in the past year did you hurt yourself on purpose, without intending to kill yourself?	1=Once or twice 2=Once a month or less 3=2 or 3 times a month 4=Once or twice a week 5=3 to 5 days a week	

		6=Nearly everyday, or everyday	
Suicidality	In the past year, did you ever seriously think about attempting suicide?	1=Yes 0=No	
	In the past year, did you make a plan for attempting suicide?	1=Yes 0=No	
	In the past year, did you attempt suicide?	1=Yes 0=No	
Violence	In your lifetime, how many times has anyone struck or physically injured you?	1=Never 2=1 time 3=2-3 times 4=4-5 times 5=More than 5 times	
	When was the last time anyone has struck or physically injured you?	1=Within the last 2 weeks 2=Within the last month 3=Within the last year 4=Within the last 1-5 years 5=More than 5 years ago	
	Over the past 12 months, did you strike or physically injure anyone?	1=Yes 0=No	
Emotional abuse	Over the past 12 months, were you called names, yelled at, humiliated, judged, threatened, coerced, or controlled by another person?	1=Yes 0=No	
Physical abuse	Over the past 12 months, were you kicked, slapped, punched or otherwise physically mistreated by another person?	1=Yes 0=No	
Sexual assault	In the past 12 months, has anyone had unwanted sexual contact with you? (Please count any experience of unwanted sexual contact [e.g., touching of your sexual body parts, oral sex, anal sex, sexual intercourse, and penetration of your vagina or anus with a finger or object] that you did not consent to and did not want to happen regardless of where it happened.)	1=Yes 0=No	Instructions for this item: "Unwanted sexual contact could happen when: someone touches or grabs your sexual body parts (e.g., butt, crotch, or breasts); someone uses force against you, such as holding you down with his or her body weight, pinning your arms, hitting or kicking you; someone threatens to hurt you or someone close to you; or you are unable to provide consent because you are incapacitated, passed out, unconscious, blacked out, or asleep. This could happen after you voluntarily used alcohol or drugs, or after you were given a drug without your knowledge or consent."
	Who was the person who had unwanted sexual contact with you? (select all that apply)	1=A stranger 2=Someone you had seen or heard about but not talked to 3=An acquaintance, friend of a friend, or someone that you had just met 4=A professor or teaching assistant 5=A current or ex friend or roommate 6=A current or ex dating partner or spouse 7=Someone else 8=Unsure/Don't know	Definition from CDC NISVS 2010
Substance use	Over the past 2 weeks, did you drink any alcohol?	1=Yes 0=No	
	Over the past 2 weeks, about how many times did you have 4 [female]/5 [male]/4 or 5 [not female or male] or more alcoholic drinks in a row? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=0 times 2=1 time 3=2 times 4=3 to 5 times 5=6 to 9 times	Definition adapted from National Institute on Alcohol Abuse and Alcoholism

		6=10 or more times 7=Don't know	
	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	Included if 'Substance Use' and 'Overall Health' modules both not selected
	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Methamphetamines (also known as speed, crystal meth, or ice) 6=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 7=Ecstasy 8=Other drugs without a prescription (please specify) 9=No, none of these <u>[mutually exclusive]</u>	Included if 'Substance Use' and 'Overall Health' modules both not selected
Sleep	During this school year, at approximately what time have you typically gone to sleep on: Weeknights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	Included if 'Sleep' and 'Overall Health' modules both not selected
	During this school year, at approximately what time have you typically gone to sleep on: Weekend nights?	1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm	Included if 'Sleep' and 'Overall Health' modules both not selected

		<p>5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	
	<p>During this school year, at approximately what time have you typically woken up on: Weekdays?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm 12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am</p>	<p>Included if 'Sleep' and 'Overall Health' modules both not selected</p>
	<p>During this school year, at approximately what time have you typically woken up on: Weekend days?</p>	<p>1=12:00pm 2=1:00pm 3=2:00pm 4=3:00pm 5=4:00pm 6=5:00pm 7=6:00pm 8=7:00pm 9=8:00pm 10=9:00pm 11=10:00pm</p>	<p>Included if 'Sleep' and 'Overall Health' modules both not selected</p>

		12=11:00pm 13=12:00am 14=1:00am 15=2:00am 16=3:00am 17=4:00am 18=5:00am 19=6:00am 20=7:00am 21=8:00am 22=9:00am 23=10:00am 24=11:00am	
	During this school year, on how many days have you taken naps during a typical week?	1=I don't take naps. 2=1 3=2 4=3 5=4 6=5 7=6 8=7	Included if 'Sleep' and 'Overall Health' modules both not selected
	How long is your typical nap?	1=Less than 1 hour 2=Between 1 and 2 hours 3=Between 2 and 3 hours 4=More than 3 hours	Included if 'Sleep' and 'Overall Health' modules both not selected

MENTAL HEALTH SERVICE UTILIZATION/HELP-SEEKING

Experiences with Services and Support

The next questions will ask you about your experiences using mental health services. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Diagnosed mental illnesses	Have you ever been diagnosed with any of the following conditions by a health professional (e.g., primary care doctor, psychiatrist, psychologist, etc.)? (Select all that apply)	1=Depression (e.g., major depressive disorder, persistent depressive disorder) 2=Bipolar (e.g., bipolar I or II, cyclothymia) 3=Anxiety (e.g., generalized anxiety disorder, phobias) 4=Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia) 5=Trauma and Stressor Related Disorders (e.g. posttraumatic stress disorder), 6=Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, attention deficit hyperactivity disorder, intellectual disability, autism spectrum disorder) 7=Eating disorder (e.g., anorexia nervosa, bulimia nervosa) 8=Psychosis (e.g., schizophrenia, schizo-affective disorder) 9=Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder, schizoid personality disorder) 10=Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 11=No, none of these [mutually exclusive] 12=Don't know	
	Specifically, which of the following depression disorders were you diagnosed with by a professional? (Select all that apply)	1=Major depressive disorder 2=Dysthymia or persistent depressive disorder 3=Premenstrual dysphoric disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following bipolar and related disorders were you diagnosed with by a professional? (Select all that apply)	1=Bipolar I disorder 2=Bipolar II disorder 3=Cyclothymic disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following anxiety disorders were you diagnosed with by a professional? (Select all that apply)	1 =Generalized anxiety disorder 2=Panic disorder 3=Agoraphobia 4=Specific phobia (e.g., claustrophobia, arachnophobia, etc.) 5=Social anxiety disorder (or social phobia) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following obsessive-compulsive or related disorders were you diagnosed with by a professional? (Select all that apply)	1=Obsessive-compulsive disorder 2=Body dysmorphic disorder 3=Hoarding disorder	

		4=Trichotillomania (hair-pulling disorder) 5=Excoriation (skin-picking) disorder 6=Other (please specify) 7=Don't know	
	Specifically, which of the following trauma and stressor related disorders were you diagnosed with by a professional? (Select all that apply)	1=Posttraumatic stress disorder 2=Acute stress disorder 3=Adjustment disorder 4=Other (please specify) 5=Don't know	
	Specifically which of the following neurodevelopmental disorder or intellectual disability were you diagnosed with by a professional? (Select all that apply)	1=Attention deficit hyperactivity disorder (ADHD or ADD) 2=Other intellectual disability 3=Autism spectrum disorder 4=Other (please specify) 5=Don't know	
	Specifically, which of the following eating disorders were you diagnosed with by a professional? (Select all that apply)	1=Anorexia nervosa 2=Bulimia nervosa 3=Binge-eating disorder 4=Pica 5=Avoidant/restrictive food intake disorder (selective eating disorder) 6=Other (please specify) 7=Don't know	
	Specifically, which of the following psychotic disorders were you diagnosed with by a professional? (Select all that apply)	1=Schizophrenia 2=Schizo-affective disorder 3=Brief psychotic disorder 4=Delusional disorder 5=Schizophreniform disorder 6=Other (please specify) 7=Don't know	
	Specifically, which of the following personality disorders were you diagnosed with by a professional? (Select all that apply)	1=Antisocial personality disorder 2=Avoidant personality disorder 3=Borderline personality disorder 4=Dependent personality disorder 5=Histrionic personality disorder 6=Narcissistic personality disorder 7=Obsessive-Compulsive personality disorder 8=Paranoid personality disorder 9=Schizoid personality disorder 10=Schizotypal personality disorder 11=Other (please specify) 12=Don't know	
	Specifically, which of the following substance disorders were you diagnosed with by a professional? (Select all that apply)	1=Alcohol abuse or other alcohol-related disorders 2=Other (please specify) 3=Don't know	
Knowledge of campus services	How much do you agree with the following statement?: If I needed to seek professional help for my mental or emotional health, I would know where to go on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Beliefs about treatment efficacy	How helpful on average do you think medication is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected

		4=Not helpful	
	How helpful on average do you think therapy or counseling is, when provided competently, for people your age who are clinically depressed?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Stigma	How much do you agree with the following statement?: Most people think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
	How much do you agree with the following statement?: I would think less of a person who has received mental health treatment.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Included if 'Knowledge and Attitudes about Mental Health and Mental Health Services' module not selected
Perceived need	How much do you agree with the following statement?: In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	
	How much do you agree with the following statement?: I currently need help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	Display only if previous item answered with at least "somewhat agree"
Help-seeking intentions	If you were experiencing serious emotional distress, whom would you talk to about this? (Select all that apply)	1=Professional clinician (e.g., psychologist, counselor, or psychiatrist) 2=Roommate 3=Friend (who is not a roommate) 4=Significant other 5=Family member 6=Religious counselor or other religious contact 7=Support group 8=Other non-clinical source (please specify) 9=No one <u>[mutually exclusive]</u>	
Use of counseling/therapy	Have you ever received counseling or therapy for mental health concerns?	1=No, never 2=Yes, prior to starting college 3=Yes, since starting college 4=Yes, both of the above (prior to college and since starting college)	SDS01
	How many total visits or sessions for counseling or therapy have you had in the past 12 months?	0=0 1=1-3 2=4-6 3=7-9 4=10 or more	Display only if previous item answered with "Yes, prior to starting college" or later
	Are you currently receiving counseling or therapy?	1=Yes 0=No	Display only if previous item answered with more than "0" total visits in the past 12 months
	From which of the following places did you receive counseling or therapy? (Select all that apply)	1=[Insert name of institution's student counseling services] 2=[Insert name of institution's campus health	Display only if previous item is displayed

		<p>services] 3=[Insert other campus counseling or health service] 4=Psychiatric Emergency Services/Psych Emergency Room (ER) 5=Inpatient psychiatric hospital 6=Partial hospitalization program 7=Provider in the local community (not on campus) 8=Provider in another location (such as your hometown) 9=Other (please specify) 10=Don't know</p>	
Satisfaction with counseling/therapy	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Convenient hours</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Location</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Quality of therapists/counselors</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Respect for your privacy concerns</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How satisfied/dissatisfied are you with the following aspects of your therapy or counseling that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive counseling or therapy?"]?: Ability to schedule appointments without long delays</p>	<p>1=Very dissatisfied 2=Dissatisfied 3=Somewhat dissatisfied 4=Somewhat satisfied 5=Satisfied 6=Very satisfied</p>	
	<p>How helpful, overall, do you think therapy or counseling was or has been for your mental or emotional health?</p>	<p>1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful</p>	
Use of medication	<p>In the past 12 months have you taken any of the following types of prescription medications? (Please count only those you took, or are taking, several times per week.) (Select all that apply)</p>	<p>1=Psychostimulants (methylphenidate (Ritalin or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexerdine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol),</p>	

		<p>clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=No, none of these [mutually exclusive] 9=Don't know</p>	
	<p>For what purpose(s) have you taken the medication(s) you just indicated? (Select all that apply)</p>	<p>1=Mental or emotional health 2=Other health reasons 3=Academic performance 4=Recreation/fun 5=Other (please specify)</p>	
	<p>In the past 12 months how many times have you discussed with a doctor or other health professional your use of the medication(s) you just noted?</p>	<p>1=Not at all 2=1-2 times 3=3-5 times 4=More than 5 times 5=Don't know</p>	
	<p>Who wrote your most recent prescription for the medication(s) you noted in the last question? (Select all that apply)</p>	<p>1=A general practitioner, nurse practitioner, or primary care physician 2=A psychiatrist 3=Other type of doctor (please specify) 4=Took the medication(s) without a prescription 5=Don't know</p>	
	<p>Of the medication(s) you just noted, which are you currently taking? (Select all that apply)</p>	<p>1=Psychostimulants (methylphenidate (Ritalin, or Concerta), amphetamine salts (Adderall), dextroamphetamine (Dexeridine), etc.) 2=Antidepressants (e.g., fluoxetine (Prozac), sertraline (Zoloft), paroxetine (Paxil), escitalopram (Lexapro), venlafaxine (Effexor), bupropion (Wellbutrin), etc.) 3=Anti-psychotics (e.g., haloperidol (Haldol), clozapine (Clozaril), risperidone (Risperdal), olanzapine (Zyprexa), etc.) 4=Anti-anxiety medications (e.g., lorazepam (Ativan), clonazepam (Klonopin), alprazolam (Xanax), buspirone (BuSpar), etc.) 5=Mood stabilizers (e.g., lithium, valproate (Depakote), lamotrigine (Lamictal), carbamazepine (Tegretol), etc.) 6=Sleep medications (e.g., zolpidem (Ambien), zaleplon (Sonata), etc.) 7=Other medication for mental or emotional health (please specify) 8=None of the above [mutually exclusive]</p>	
	<p>During the past year, for how long, in total, have you taken the</p>	<p>1=Less than 1 month</p>	<p>Pipe in selected options from: "In the past 12 months</p>

	following medication(s)?	2=Between 1 and 2 months 3=2 months or more 4=Did not take	have you taken any of the following types of prescription medications?"
	How helpful, overall, do you think the medication(s) was or has been for your mental or emotional health?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	Which of the following are important reasons why you received those services? (Select all that apply)	1=I decided on my own to seek help. 2=A friend encouraged me to seek help. 3=A friend pressured me to seek help. 4=A family member encouraged me to seek help. 5=A family member pressured me to seek help. 6=Someone other than a friend or family member encouraged me to seek help (please specify person's relationship to you). 7=I was mandated to seek help by campus staff. 8=I acquired more information about my options from (please specify where). 9=Other (please specify)	Instructions for this item: "Earlier in this survey you reported that you have taken medication and/or received counseling/therapy in the past 12 months for your mental or emotional health."
Barriers to help-seeking	In the past 12 months, which of the following factors have caused you to receive fewer services (counseling, therapy, or medications) for your mental or emotional health than you would have otherwise received? (Select all that apply)	1=No need for services 2=Financial reasons (too expensive, not covered by insurance) 3=Not enough time 4=Not sure where to go 5=Difficulty finding an available appointment 6=Prefer to deal with issues on my own or with support from family/friends 7=Other (please specify) 8=No barriers [mutually exclusive]	
	In the past 12 months which of the following explain why you have not received medication or therapy for your mental or emotional health? (Select all that apply)	1=I haven't had the chance to go but I plan to. 2=No need for services 3=Financial reasons (too expensive, not covered by insurance) 4=Not enough time 5=Not sure where to go 6=Difficulty finding an available appointment 7=Prefer to deal with issues on my own or with support from family/friends 8=Other (please specify) 9=No barriers [mutually exclusive]	
Visit to medical providers	In the past 12 months, have you visited any medical provider, such as a primary care doctor or other type of doctor, for a check-up or any other medical reasons?	1=Yes 0=No	
Informal help-seeking	In the past 12 months have you received counseling or support for your mental or emotional health from any of the following sources? (Select all that apply)	1=Roommate 2=Friend (who is not a roommate) 3=Significant other 4=Family member 5=Religious counselor or other religious contact 6=Support group 7=Other non-clinical source (please specify) 8=No, none of these [mutually exclusive]	

	How helpful was it to discuss these concerns?	1=Very helpful 2=Helpful 3=Somewhat helpful 4=Not helpful	
	If you had a mental health problem that you believed was affecting your academic performance, which people at school would you talk to? (Select all that apply)	1=Professor from one of my classes 2=Academic advisor 3=Another faculty member 4=Teaching assistant 5=Student services staff 6=Dean of Students or class dean 7=Other (please specify) 8=No one [mutually exclusive]	
	During this school year have you talked with any academic personnel (such as instructors, advisors, or other academic staff) about any mental health problems that were affecting your academic performance?	1=Yes 0=No	
	Overall, how supportive was the response of the academic personnel with whom you talked?	1=Very supportive 2=Supportive 3=Not supportive 4=Very unsupportive	
Insurance	What is the source of your current health insurance coverage? (Select all that apply)	1=I do not have any health insurance coverage (uncovered). [mutually exclusive] 2=I have health insurance through my parent(s) or their employer. 3=I have health insurance through my employer. 4=I have health insurance through my spouse's employer. 5=I have a student health insurance plan. 6=I have health insurance through an embassy or sponsoring agency for international students. 7=I have individual health insurance purchased directly from an insurance carrier. 8=I have Medicaid or other governmental insurance. 9=I am uncertain about whether I have health insurance. 10=I have health insurance but am uncertain about where it is from.	
	Do you know if your health insurance plan would provide any coverage for a visit to a mental health professional (psychiatrist, psychologist, clinical social worker, etc.)?	1=Yes, it definitely would. 2=I think it would but am not sure. 3=I have no idea. 4=I think it would not but am not sure. 5=No, it definitely would not.	
	Does your current health insurance plan meet your needs for mental health services?	1=I have not needed to use my current insurance plan to cover mental health services. 2=Yes, everything I have needed is covered. 3=No, the coverage is inadequate to meet my needs.	
	I feel that coverage is inadequate because my plan... (Select all that apply)	1=...doesn't cover any mental health services. 2=...doesn't cover preexisting conditions. 3=...doesn't cover certain conditions. 4=...has a co-pay that is too expensive.	

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		<p>5=...has a deductible that is too expensive. 6=...doesn't cover certain types of services or providers. 7=...has a limit on the number of services that are covered. 8=Other (please specify)</p>	
	<p>This semester, how easy or difficult has it been paying for mental health care?</p>	<p>1=Very easy 2=Easy 3=Somewhat easy 4=Somewhat difficult 5=Difficult 6=Very difficult 7=Not applicable</p>	<p>CCMH</p>

ELECTIVE MODULES:**SUBSTANCE USE**

Substance Use

The next questions will ask you about your experiences with and opinions about alcohol and other drugs. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Personal alcohol use	How often do you have a drink containing alcohol?	1=Never 2=Monthly or less 3=2-4 times a month 4=2-3 times a week 5=4 or more times a week	AUDIT (Saunders et al., 1993)
	How many drinks containing alcohol do you have on a typical day when you are drinking? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=1 or 2 2=3 or 4 3=5 or 6 4=7 to 9 5=10 or more	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How often do you have 4 [female]/5 [male]/4 or 5 [not female or male] or more drinks on 1 occasion? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How often during the last year have you found that you were not able to stop drinking once you had started?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you failed to do what was normally expected of you because of drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you needed a drink in the morning to get yourself going after a heavy drinking session?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you had a feeling of guilt or remorse after drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	How often during the last year have you been unable to remember what happened the night before of your drinking?	1=Never 2=Less than monthly 3=Monthly 4=Weekly 5=Daily or almost daily	AUDIT (Saunders et al., 1993)
	Have you or someone else been injured because you had been drinking?	0=No 1=Yes, but not in the last year 2=Yes, during the last year	AUDIT (Saunders et al., 1993)
	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	1=No 2=Yes, but not in the last year 3=Yes, during the last year	AUDIT (Saunders et al., 1993)

	Have you ever received counseling or treatment for an alcohol-related problem from a health professional (such as psychiatrist, psychologist, social worker, or primary care doctor)?	1=Yes 0=No	
Personal substance use	Over the past 30 days, have you used any of the following drugs? (Select all that apply)	1=Marijuana 2=Cocaine (any form, including crack, powder, or freebase) 3=Heroin 4=Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed 5=Methamphetamines (also known as speed, crystal meth, or ice) 6=Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed 7=Ecstasy 8=Other drugs without a prescription (please specify) 9=No, none of these [mutually exclusive]	
	Over the past 30 days, about how many cigarettes did you smoke per day?	1=0 cigarettes 2=Less than 1 cigarette 3=1 to 5 cigarettes 4=About one-half pack 5=1 or more packs	
Perception of risk regarding substance use	How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks containing alcohol once or twice a week? (1 drink is a can of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.)	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012) Definition adapted from National Institute on Alcohol Abuse and Alcoholism
	How much do you think people risk harming themselves physically or in other ways if they smoke 1 or more packs of cigarettes per day?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
	How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?	1=No risk 2=Slight risk 3=Moderate risk 4=Great risk	Adapted from Drug Free Communities Support Program Evaluation of Core Measures Survey (2012)
Other students alcohol use	In the past 30 days, how often have you had to "baby-sit" or take care of another student who drank too much?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
	In the past 30 days, how often have you experienced an unwanted sexual advance because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	

	In the past 30 days, how often have you been a victim of sexual assault or "date rape" because of other students' drinking?	1=0 times 2=1 times 3=2 times 4=3 times 5=4 or more times	
Perceptions of peer substance use	In the past 30 days, about what percent of students at your school drank alcohol?	1=_____% [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked cigarettes?	1=_____% [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	In the past 30 days, about what percent of students at your school smoked (or otherwise used) marijuana?	1=_____% [force numeric, 0-100]	Instructions for this item: "The next few items ask for your perceptions of other students' behaviors regarding alcohol and substance use. Please provide your best guess."
	How much do you agree with the following statement?: Alcohol use is a problem for students on my campus.	1=Strongly agree 2=Agree 3=Somewhat agree 4=Somewhat disagree 5=Disagree 6=Strongly disagree	

SEXUAL ASSAULT

Perceptions and Experiences of Sexual Assault on Campus

The next set of questions asks you about perceptions and experiences related to sexual assault. Remember that your responses are confidential and you may choose to skip questions or stop responding at any point.

SECTION	ITEM	RESPONSE CATEGORIES	CITATION/NOTES
Perceptions of leadership, policies, and reporting	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take the report seriously?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would keep knowledge of the report limited to those who need to know in order for your school to respond properly?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would forward the report outside the campus to criminal investigators?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the safety of the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action to address factors that may have led to the sexual assault?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take corrective action against the offender?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that your school would take steps to protect the person making the report from retaliation?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that students would label the person making the report as a troublemaker?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that students would support the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that the alleged offender(s) or their associates would retaliate against the person making the report?	1=Very likely 2=Moderately likely 3=Slightly likely 4=Not at all likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If someone were to report a sexual assault to a campus authority, how likely is it that the educational achievement/career of the person	1=Very likely 2=Moderately likely 3=Slightly likely	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

	making the report would suffer?	4=Not at all likely	
Sexual violence and sexual assault	Have you received training in policies and procedures regarding incidents of sexual assault (e.g., what is defined as sexual assault, how to report an incident, confidential resources, procedures for investigating)?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	Have you received training in prevention of sexual assault?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	How useful did you think the training was?	1=Very 2=Moderately 3=Somewhat 4=Slightly 5=Not useful	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)
	If a friend or I were sexually assaulted, I know where to go to get help.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to the following statements:"
	I understand my school's formal procedures to address complains of sexual assault.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to the following statements:"
	I have confidence that my school administers the formal procedures to address complaints of sexual assault fairly.	1=Strongly agree 2=Agree 3=Neither agree nor disagree 4=Disagree 5=Strongly disagree 6=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instruction for this item: "Please indicate your level of agreement to the following statements:"
	Forced touching of a sexual nature (forced kissing, touching of private parts, grabbing, fondling, rubbing up against you in a sexual way, even if it was over your clothes)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	Oral sex (someone's mouth or tongue making contact with your genitals or your mouth or tongue making contact with someone else's genitals)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	Sexual intercourse (someone's penis being put in your vagina or anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone

			you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	Anal sex (someone's penis being put in your anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	Sexual penetration with a finger or object (someone putting their finger or an object like a bottle or a candle in your vagina or anus)	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "This section asks about nonconsensual or unwanted sexual contact you may have experienced since beginning at your school. The person with whom you had the unwanted sexual contact could have been a stranger or someone you know, such as a family member or someone you were dating or going out with. Please indicate if you have experienced any of the following five types of unwanted sexual contact:"
	Has anyone had sexual contact with you by using physical force or threatening to physically harm you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "The questions below ask about unwanted sexual contact that involved force or threats of force against you since you began at your school. Force could include someone holding you down with his or her body weight, pinning your arms, hitting or kicking you, or using or threatening to use a weapon against you."
	Has anyone attempted but not succeeded in having sexual contact with you by using or threatening to use physical force against you?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "The questions below ask about unwanted sexual contact that involved force or threats of force against you since you began at your school. Force could include someone holding you down with his or her body weight, pinning your arms, hitting or kicking you, or using or threatening to use a weapon against you."
	Since beginning at your school, has someone had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep?	1=Yes, I am certain this has happened. 2=I suspect this has happened but am not certain. 3=No, this has not happened.	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "The next question asks about your experiences with unwanted sexual contact while you were unable to provide consent or stop what was happening you were passed out, drugged, drunk, incapacitated or asleep. These situations might include times that you voluntarily consumed alcohol or drugs and times that you were given drugs without your knowledge or consent."
	When the person had sexual contact with you by using or threatening you with physical force, which of the following happened? (Select all that apply)	1=Forced touching of a sexual nature 2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you by using physical force or threatening to physically harm you. The question below asks about that experience."
	When the person had sexual contact with you when you were unable to provide consent or stop what was	1=Forced touching of a sexual nature	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)

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	happening because you were passed out, drugged, drunk, incapacitated, or asleep, which of the following happened? (Select all that apply)	2=Oral sex 3=Sexual intercourse 4=Anal sex 5=Sexual penetration with a finger or object 6= Other (please specify) 7=Don't know [mutually exclusive]	Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
	Just prior to the incident(s), had you been drinking alcohol?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience. Keep in mind that you are in no way responsible for the assault that occurred, even if you had been drinking."
	Were you drunk?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
	Just prior to the incident(s), had you voluntarily been taking or using any drugs other than alcohol?	1=Yes 0=No	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
	Just prior to the incident(s), had you been given a drug without your knowledge or consent?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for this item: "Earlier you indicated that since beginning at your school, someone has had sexual contact with you when you were unable to provide consent or stop what was happening because you were passed out, drugged, drunk, incapacitated, or asleep. The questions below ask about that experience."
Context and disclosure	Whom did the unwanted behavior involve? (Select all that apply)	1=Stranger 2=Family member 3=Acquaintance 4=Coworker 5=Employer/supervisor 6=College professor/instructor 7=College staff 8=Non-romantic friend 9=Casual or first date 10=Current romantic partner 11=Ex-romantic partner 12=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	Was this person a student at your school?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."

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	Was this person affiliated with your school as an employee, staff, or faculty member?	1=Yes 2=No 3=Don't know	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	What was the gender of the individual who did this to you?	1=Man 2=Woman 3=Another gender identity (please specify) 4=Don't know	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	Did the incident involve any of the following? (Select all that apply)	1=The other person's use of alcohol 2=Your use of alcohol 3=The other person's use of drugs 4=Your use of drugs 5=None of the above [mutually exclusive]	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	How frightened were you by the incident?	1=Extremely frightened 2=Somewhat frightened 3=Only a little frightened 4=Not at all frightened	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	Where did the incident occur? (Select all that apply)	1=Off-campus 2=On-campus	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	Whom did you tell about the incident? (Select all that apply)	1=No one [mutually exclusive] 2=Roommate 3=Close friend other than roommate 4=Parent or guardian 5=Other family member 6=Counselor 7=Faculty or staff 8=Residence hall staff 9=Police 10=Romantic partner (other than the one who did this to you) 11=Campus sexual assault advocate 12=Other (please specify)	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	Did you use your school's formal procedures to report the incident(s)?	1=Yes 0=No	Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."
	Did your school's formal procedures help you deal with the problem?	1=Didn't help me at all 2=Helped me a little 3=Helped, but could have helped more 4=Helped me a lot	Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014) Instructions for these items: "For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience."

	<p>Why did you not tell anyone? (Select all that apply)</p>	<p>5=Completely solved the problem 1=Ashamed/embarrassed 2=Is a private matter-wanted to deal with it on own 3=Concerned others would find out 4=Didn't want the person who did it to get in trouble 5=Fear of retribution from the person who did it 6=Fear of not being believed 7=Thought I would be blamed for what happened 8=Didn't think what happened was serious enough to talk about 9=Didn't think others would think it was serious 10=Thought people would try to tell me what to do 11=Would feel like an admission of failure 12=Didn't think others would think it was important 13=Didn't think others would understand 14=Didn't have time to deal with it due to academics, work, etc. 15=Didn't know reporting procedure on campus 16=Feared I or another would be punished for infractions or violations (such as underage drinking) 17=Did not feel the campus leadership would solve my problems 18=Feared others would harass me or react negatively toward me 19=Thought nothing would be done 20=Didn't want others to worry about me 21=Wanted to forget it happened 22=Had other things I needed to focus on and was concerned about (classes, work) 23=Didn't think the school would do anything about my report 24=Other (please specify)</p>	<p>experience.”</p> <p>Adapted from Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault (2014)</p> <p>Instructions for these items: “For the next set of questions, please pick the most serious incident if you had more than one, and answer the questions below about this experience.”</p>
<p>Stalking</p>	<p>In the past 12 months, have you experienced stalking (e.g., someone waiting for you outside of your home, classroom, or workplace; repeated unwanted emails/phone calls)?</p>	<p>1=Yes 0=No</p>	

ADDITIONAL MODULES:

Mental Health Services Utilization at UF

1. In the last 12 months, from which of the following places did you receive medication for a mental health issue? Select all that apply. (Use questions 1-3 only if patient positively endorsed taking medication earlier in the survey).

1=Student Health Care Center Psychiatry at the University of Florida Counseling and Wellness Center

2=Student Health Care Center

3=Provider in local community

4=Provider in another location (such as home town)

5=Inpatient psychiatric hospital

6=Partial hospitalization program

7=Intensive outpatient program

8=Took the medications without a prescription

9=Other

10=Don't know

2. How satisfied/dissatisfied are you with the following aspects of the medication treatment that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive medication?"]?:

Quality of the prescribing doctor or other health care provider

1=Very dissatisfied

2=Dissatisfied

3=Somewhat dissatisfied

4=Somewhat satisfied

5=Satisfied

6=Very satisfied

3. How satisfied/dissatisfied are you with the following aspects of the medication treatment that you received in the past 12 months at [pipe in selected options from: "From which of the following places did you receive medication?"]?:

Ability to schedule appointments without long delays

1=Very dissatisfied

2=Dissatisfied

3=Somewhat dissatisfied

4=Somewhat satisfied

5=Satisfied

6=Very satisfied

4. What CWC services have you utilized (check all that apply)?

Crisis Counseling

Triage Appointment

Short-term Individual Counseling

Diagnostic Testing

Group Therapy Educational

Presentations

5. How much do you agree the following statement: University of Florida is doing enough to make sure my mental health needs are being met.

1=Strongly agree

2=Agree

3=Somewhat agree

4=Somewhat disagree

5=Disagree

6=Strongly disagree

